

# **BANKSTOWN BUSHWALKING CLUB INC.**

## **COVID-19 SAFETY PLAN**

Effective 23 February, 2021

**We've developed this COVID-19 Safety Plan to help create and maintain a safe environment for club members and visitors.**



**COVID-19 SAFE ACTIVITIES** – Participants in club activities should comply with all applicable [government COVID-19 safe requirements](#). In addition, all participants on club activities should comply with the following while on club activities.

### **Wellbeing of members and visitors**

- Members and visitors should not participate in club activities if they show any signs of being unwell.
- Members and visitors should comply with COVID-19 safe requirements including maximum numbers and physical distancing at any venues visited.
- Leaders are asked to plan the activity route to reduce risk. Considerations are:
  - ensure there is enough space to practice physical distancing during the activity,
  - minimise the need for close contact with other participants (e.g. assisting with scrambling),
  - avoid popular and potentially crowded routes.
- Where it is not possible to practice physical distancing an alternative activity should be undertaken.

### **Physical distancing**

- Participants should stay at least 1.5m apart at all times.
- Where it is not possible to distance on a club activity (e.g. supervising beginners at an abseil day) face masks should be worn.
- State government limits on the number of participants involved in a gathering should be complied with.
- Where members choose to car pool with people other than members of their own household face mask should be worn.
- Leaders consider the need for physical distancing when planning public transport usage or selecting cafes etc for refreshments during or after the activity.
- The club holds a Zoom license that can be used for meetings and presentations where practical.

### **Hygiene and cleaning**

- Participants in club activities are to adopt good hand hygiene practices. All participants in club activities should carry hand sanitizer and use it regularly, particularly before eating or during breaks after using handrails etc.
- Participants should not share food, water and equipment with others who are not from their household.
- Participants should not hand mobile phones or cameras to someone who is not from your household to take a picture of them. Ask others to use their own equipment and send photos to you or share in the club's Facebook account.

- The sharing of equipment by more than one club member is strongly discouraged. Where equipment is shared then the item should be cleaned with disinfectant or isopropyl alcohol.
- Ropes and other equipment used on club abseil activities are to be cleaned or sanitised in accordance with manufacturers recommendations or isolated for a period of seven days after use.
- The club will make isopropyl alcohol or some other suitable disinfectant, paper towels and hand sanitiser available at all abseil practice days. Disinfectant solutions should be maintained at an appropriate strength and used in accordance with the manufacturers' instructions.

### **Record keeping**

- Details of all members and visitors are recorded on the activity register for each club activity. The information from the activity register will be provided to health authorities for the purpose of tracking COVID-19 infections if required.
- Any club members testing positive to COVID-19 are to advise the Activity Leader of any trips they attended. The Activity Leader will ensure that other attendees know of the positive test.
- The club will cooperate with NSW Health if contacted in relation to a positive case of COVID-19.
- All members and visitors should check in or register their details at any venues visited on a club activity.
- Members and visitors are encouraged to download and use the COVIDSafe app to support contact tracing if required.